

## Other Training Courses Available



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Usui Reik - all levels  
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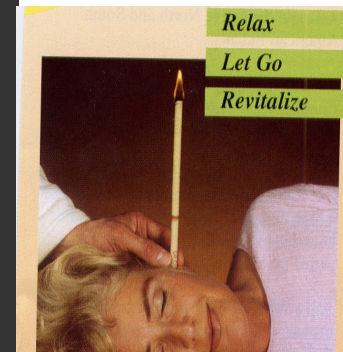
Holistic Centre Of Excellence

061-381947

[www.holisticcentreofexcellence.com](http://www.holisticcentreofexcellence.com)  
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### **Thermo Auricular Therapy Practitioner Course**



Hopi Ear Candle

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# Thermo Auricular Therapy



Coloured wall mural in the Hopi Tower, Grand Canyon

Thermo Auricular therapy or Hopi Ear Candles as it is also called- is an ancient holistic therapy which was used by Indian, Egyptian, Chinese Tibetan and American Indian cultures. Today this healing art is actively promoted by Cherokee, Mexican and European healers. German medical students are taught Thermo Auricular therapy as part of their medical practice. Hopi means people of peace. The Hopi community was the first settled Pueblo Indians of the North American continent. For many centuries they lived in harmony with nature and the original universal laws passed down to them by their ancestors. The Hopi people still live at the base of the Grand Canyon in the USA and they are greatly respected for their knowledge and spirituality. There are still ancient drawings visible in the caves of thermo auricular therapy being practiced.

## The treatment.

This treatment is totally non-invasive, which ensures immediate relaxation for the client whom is fully clothed on the treatment table. A treatment consists of a light massage of the ear, the insertion of the candle which is then lit, the candle burns for approx. 12 min. This is wonderfully relaxing for the client and the therapist. The client will hear a crackling sound, and the aroma which omits from the special therapeutic ingredients of the candle fills the air, heightening the senses for relaxation. The client then turns over so the other ear is treated. This is followed by a face, neck and shoulder massage.

## Benefits

The first benefit which your client will notice is how relaxed they become, however the benefits are more profound than just relaxation. On a physical level the special actions of the candle cleans the inner ear area which is otherwise unreachable (the residue is available for inspection after the treatment if desired!). It also improves taste, smell, vision, rhinitis, balance, hearing, sinusitis, glue-ear, headaches, circulatory disturbance in the ear, tinnitus, removes compacted wax, along with a host of other common complaints. On a higher level it helps to balance the Chakras, thus harmonizing the clients energy status.



## Registration for Training Courses

To become a certified professional practitioner in Thermo-Auricular Therapy, you will be required to attend an intensive one day training programme from 9.30 am to 5.00 pm and prepare to submit case studies with an examination. The Ayurveda based curriculum is demanding in its undertaking and rewarding in its achievement. It will give the student a level of understanding and expertise, which would not normally be available from training outside India.

To register for one of our training courses please contact

Anna Gibson—Steel.

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